

**CULINARY HISTORIANS OF ANN ARBOR**  
**Winter Participatory Meal**  
**SUNDAY, November 24, 2024 – 4:00 to 7:00 p.m.**

**Save the Date for**  
**COMFORT US WITH APPLES**

**Ladies' Literary Club of Ypsilanti**  
**218 North Washington Street**  
**Ypsilanti, Michigan 48197**



Apples have been around for a long time, starting with The Garden of Eden, but more likely originating in the Tian Shan Mountains of Kazakhstan, in central Asia east of the Caspian Sea, millions of years ago. The wild apple tree, *Malus sieversii*, is the primary ancestor of most domesticated apple cultivars. Archeological evidence suggests that humans began cultivating apples at least 5,000 years ago, but early Paleolithic food gatherers may have discovered sour crab apples growing wild in the forest as early as 750,000 years ago.

A juicy, sweet, fresh apple right off the tree is one way to eat them, but apples have found their way into a myriad of dishes, some cooked and some raw: Waldorf Salad, for instance. On the internet dozens of apple cookbooks are listed with recipes for every type of dish imaginable: soups, stews, casseroles, slaws, pies, fritters, pancakes, etc. Who can deny the image of a whole roast pig with an apple in its mouth? Let us not forget apple juice, apple cider, apple sauce, dried apples, apple brandy (Calvados), applejack and, of course, Boone's Farm Apple Wine.

Apples appear everywhere in our culture: Johnny Appleseed, Adam's apple, bobbing for apples, the Big Apple, the apple of my eye, an apple a day keeps the doctor away, How do you like them apples?, apple-pie order, Shoo-Fly Pie and Apple Pan Dowdy, Don't Sit Under The Apple Tree With Anyone Else But Me, Ida Sweet As Apple Cider, and things that are called apples – potato: *pomme de terre* (French), *aardappel* (earth apple) in Dutch, pineapple (pinecone-shaped apple) and pomegranate (grainy apple). And who can forget Mr. Applegate from Damn Yankees?

So, let's make dishes with apples as the star ingredient or just in the mix.

**Table service and non-alcoholic beverages provided.**  
**SORRY, NO ALCOHOL ALLOWED**

RESERVATION PROCEDURE for  
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**>>> Email all relevant information to Phil Zaret at:**

[pmzaret@comcast.net](mailto:pmzaret@comcast.net)

- I will enter your information into a spreadsheet, which you can access [with this link](#). You will be able to see what dishes others are bringing, so we can coordinate the meal.
- Fee for members is \$5 per person; fee for guests is \$10 per person.
- Please **bring a check or cash to the meal**. Make check out to "CHAA." If cash, put in an envelope with your name on it.
- Give check or cash to Phil or Barbara Zaret.
- Direct questions at any time to Phil Zaret, 734-665-2141 or email (or call Jenny Taylor, caretaker, at 734-482-7615).

**Please email this information:**

1. Members' Names
  2. Guests' Names
  3. E-mail address(es)
  4. Phone number(s)
  5. Name of Dish(es)
  6. Type of Dish or Dishes. For example: Appetizer, Entrée, Dessert, etc.
  7. Where you found the recipe: Book title & publication info, website with URL, etc.
  8. Please include recipes and any other information you have about your dish and/or bring it to the meal to help with Randy's article for REPAST.
  9. Let us know if you would like to help out with decorations or a centerpiece. We will contact you as the date approaches.
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**Directions to the Ladies' Literary Club**  
**218 N Washington St**  
**Ypsilanti, MI 48197**

**From I-94:**

1. Take Exit 183 for Huron Street. Turn North toward Ypsilanti on Huron Street.
2. Drive about 1 mile on Huron Street. Turn left onto Pearl Street (the first left after crossing Michigan Avenue)
3. Take the first right onto N. Washington Street. The Ladies' Literary Club is on the right, at the SE corner of the second intersection.

**From Washtenaw Avenue and US-23:**

1. Go east on Washtenaw Avenue about 4 miles, to the Ypsilanti Water Tower.
4. Continue three blocks on Washtenaw Avenue. There is a stop sign at Hamilton Street (where M-17 south toward Michigan Avenue); continue STRAIGHT on Washtenaw, which becomes a two-way street. Take the second left, onto N. Washington Street. The Ladies' Literary Club is on the right, at the SE corner of the first intersection.

**Parking:** There are about 15 spaces adjoining the Ladies' Literary Club. Turn right onto Emmet Street. Park either on Emmet Street, or continue on and turn right into the parking lot behind the Club. There are also spaces available at the First Presbyterian Church Parking Lot (the Presbyterian Church is just across Emmet Street from the LLC; the parking lot is just north of the church off Washington Street).

